

Safety Guidelines for Source to Sea Cleanup 2020

Our greatest priority is the health and well-being of you, our volunteers! CRC continues to monitor the progress of COVID-19 and follow the guidance offered by the Centers for Disease Control and Prevention (CDC) and the public health departments of each state in which we are working. The situation is fluid and we are committed to keeping you informed as best we can. Here are the guidelines we will ask you to follow to keep yourself and our communities safe while participating in the Source to Sea cleanup during the COVID-19 pandemic.

General Safety:

Whether on land or water, proper physical distancing (*at least 6 feet*) should be maintained at all times between yourself and people you don't live with. Face masks should be worn when physical distancing is not possible. For many people, washable fabric face masks are a great alternative to single-use masks. Be sure to only touch your mask at the earpieces when taking on and off. Face masks are only effective when they are fully covering both your mouth and nose.

Gloves should always be worn to pick up trash. An alternative to gloves would be to use a trash grabber or pick-stick. For many people, rubber gloves that are washable are a great alternative to single-use gloves.

Please make sure to take off gloves properly ([how to properly remove gloves](#)) and dispose of single-use gloves and masks appropriately.

Do not handle any hazardous waste – this includes chemicals that are flammable, explosive or poisonous, or anything that you do not feel safe handling (like needles). If you find any hazardous waste, please tell us what you found by submitting the Hazardous Materials Report Form.

Watch where you step! Please pay particular attention to poison ivy ([what poison ivy looks like](#)) and unstable/steep banks. Everyone in your cleanup group should do a thorough tick check after your cleanup ([how to do a tick check](#)).

Make sure to dress appropriately for the weather and where you are going to be – boots or sneakers, a hat or sunglasses, stream-friendly sunscreen.

Make sure to stay hydrated!

Thank you for your help in keeping our waters clean!

If Cleaning by Boat:

1. Bring your own boat and gear. OR if you need to borrow, ask someone ahead of time, and make sure you sanitize everything you touch before and after. Bring your sanitizer of choice.

2. Always have one lifejacket for every person on the boat and consider wearing it at all times. Children under 12 must always wear a lifejacket on a boat.
3. Avoid communal shuttling. Consider dropping a bike for one person to ride back to the car if necessary.
4. Maintain proper physical distance from all people at all times, including when loading boats, paddling, walking to the put in, etc.
5. If you feel sick at all, please stay home.
6. Keep your group size small so as to be able to keep the 6 foot distancing at all times and be mindful of state limits on gatherings at the time of your cleanup.

[CDC Guidance for Events](#)

[Massachusetts Covid 19 Guidance](#)

[CDC Guidelines Boating](#)

[New Hampshire Covid 19 Guidance](#)

[Connecticut Covid 19 Guidance](#)

[Vermont Covid 19 Guidance](#)